

Master Sheet:

2K

Two-1K loops

3K

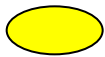
Two- full laps

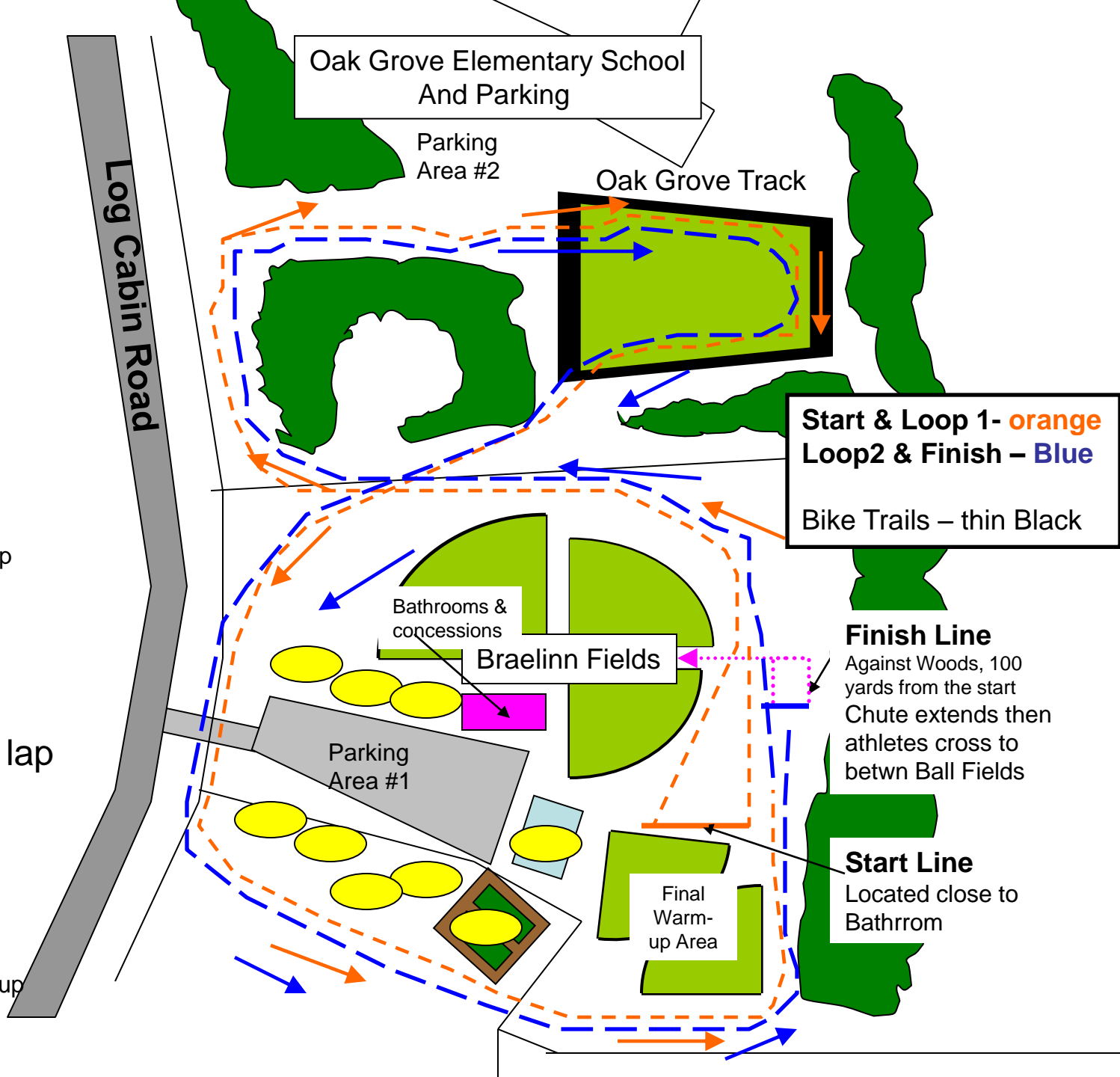
4K

Two- full laps
+ smaller 900m loop

5K

Three- full laps
+ extension on 3rd lap

 = Area for Tent Set up

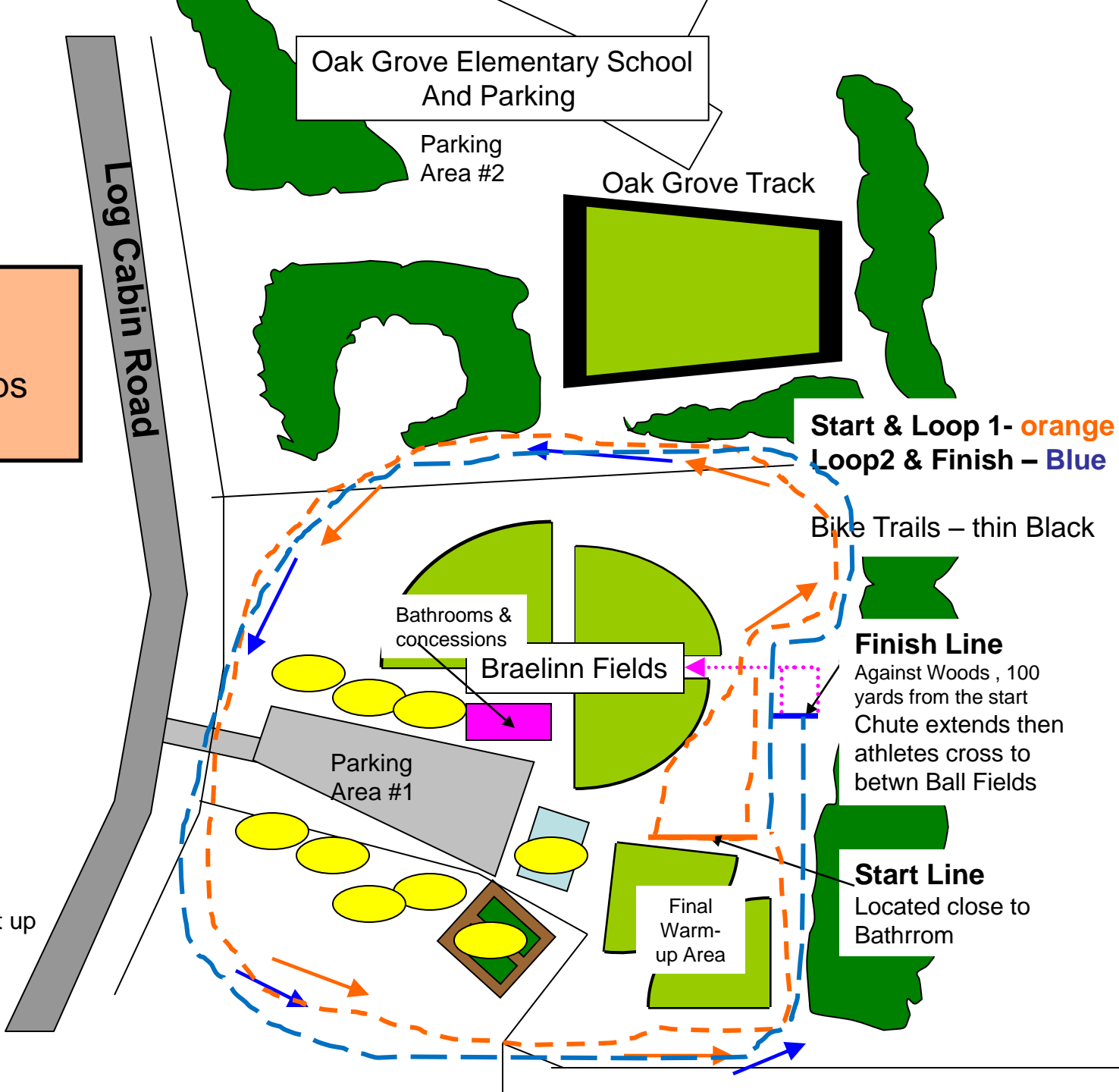


Start & Loop 1- orange
Loop2 & Finish - Blue
Bike Trails - thin Black

Finish Line
Against Woods, 100 yards from the start
Chute extends then athletes cross to betwn Ball Fields

Start Line
Located close to Bathroom

2K Course:
2 smaller 1K loops



Oak Grove Elementary School
And Parking

Parking
Area #2

Oak Grove Track

Start & Loop 1- orange
Loop2 & Finish - Blue

Bike Trails - thin Black

Bathrooms &
concessions

Braelinn Fields

Finish Line
Against Woods , 100
yards from the start
Chute extends then
athletes cross to
betwn Ball Fields

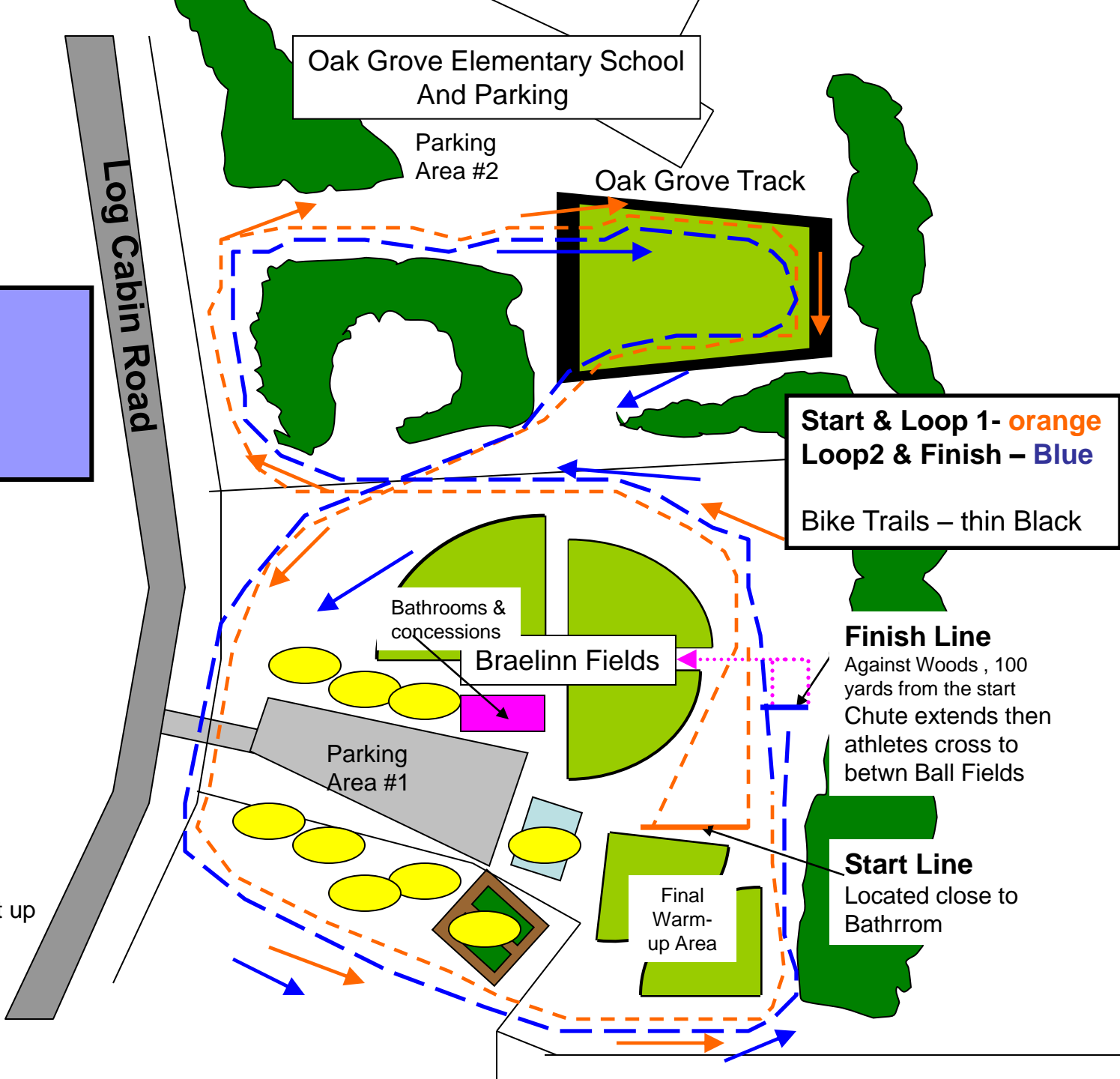
Parking
Area #1

Final
Warm-
up Area

Start Line
Located close to
Bathroom

○ = Area for Tent Set up

3K course:
2 larger full laps




Start & Loop 1- orange
Loop2 & Finish - Blue

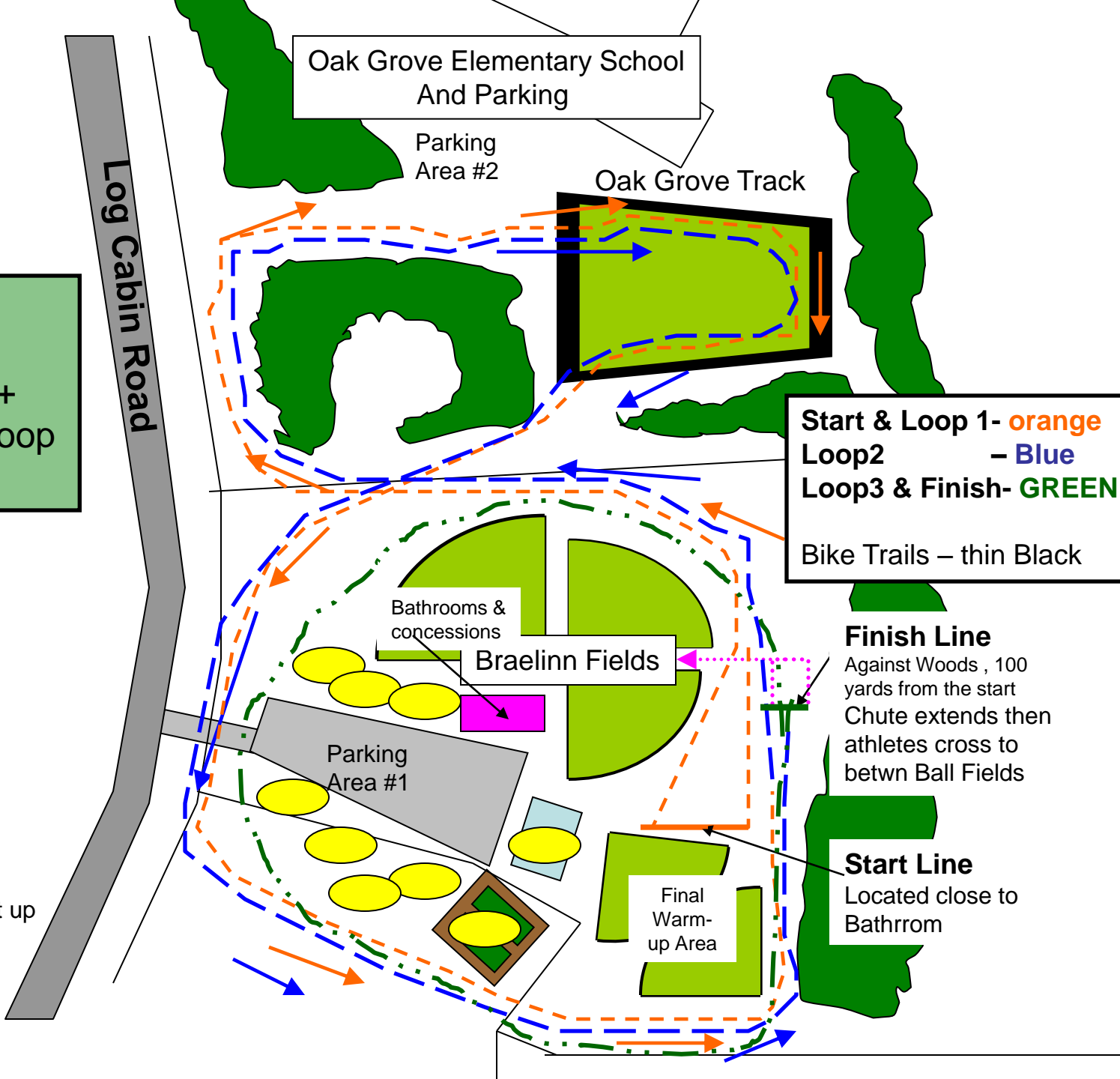
Bike Trails - thin Black

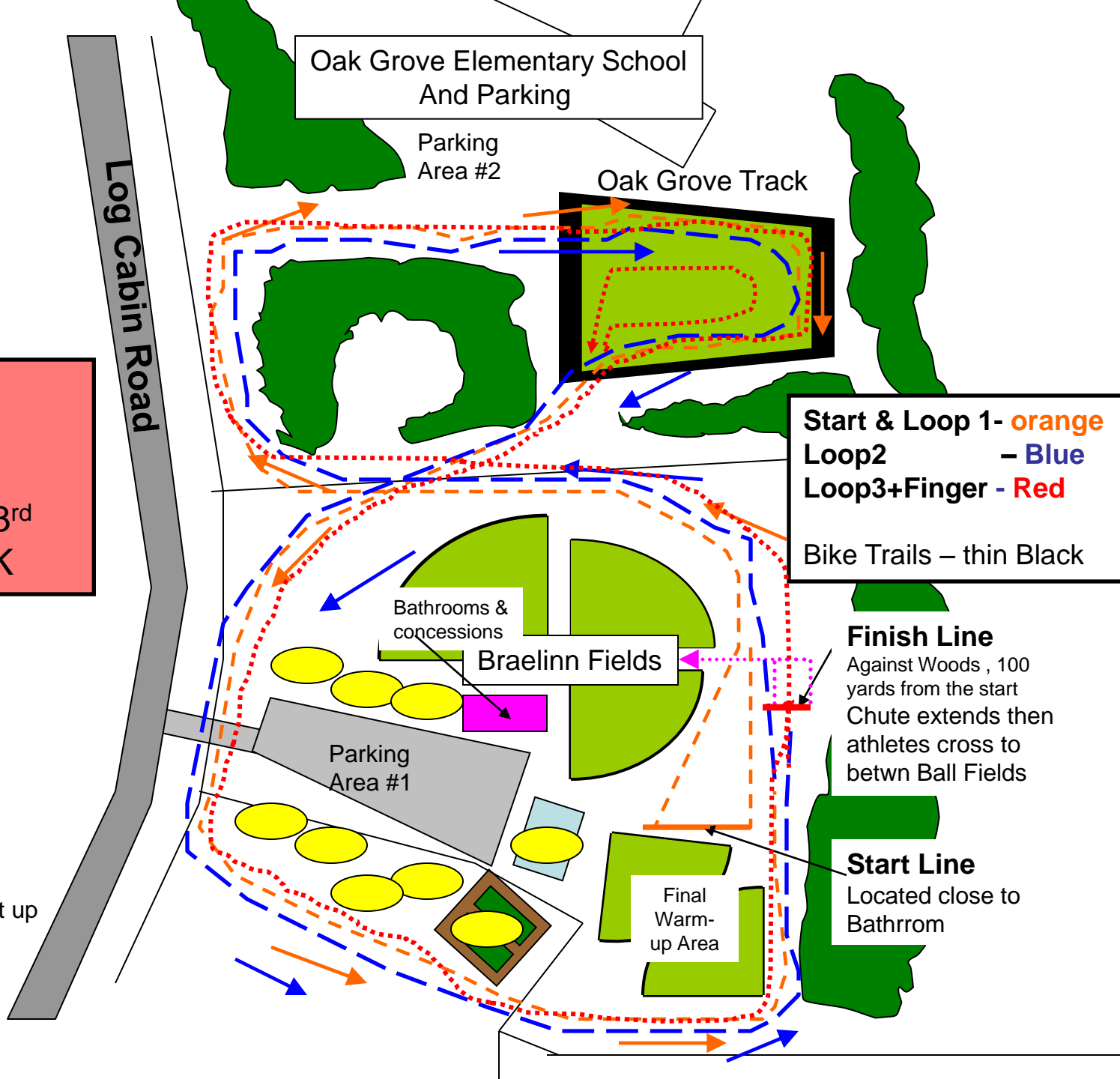
Finish Line
Against Woods, 100 yards from the start
Chute extends then athletes cross to betwn Ball Fields

Start Line
Located close to Bathroom

4K course:
2 larger full laps +
1 smaller 900m loop

 = Area for Tent Set up






5K course:
 3 larger full laps
 + extension on 3rd
 lap to make it 5K

Start & Loop 1 - **orange**
 Loop 2 - **Blue**
 Loop 3 + Finger - **Red**
 Bike Trails - thin Black

Finish Line
 Against Woods, 100
 yards from the start
 Chute extends then
 athletes cross to
 betwn Ball Fields

 = Area for Tent Set up